

# Now and Zen

Music and Lyrics by Stephen Smoke

G            B7  
Everybody dies  
Em            C7  
Everything is lost  
G            B7  
Everybody cries  
Em            C7  
Life's precious cost  
G            F  
Every price you paid  
G            Bb  
Decisions that you made  
G            F  
All make sense somehow  
Em            A7   C  
And it all adds up to now

## Refrain:

Am   Em  
Living life  
B7            C  
From the inside out  
B7  
Sometimes it's beautiful  
B7            Em C G  
Sometimes it is just what it is  
D            Em C..G..D  
Just what it is

G            B7  
Everybody rents  
Em            C7  
It all goes away  
G            B7  
But everything of value (is)  
Em            C7  
Within your reach today  
G            F  
Keep this in mind  
G            Bb  
As it disappears  
G            F  
And memories of tomorrow  
Em            A7   C  
Wash across the years

**Refrain:**

Am            Em  
It's good to see you  
B7            C  
Baby, how you been  
B7  
Relax with a cocktail  
B7                            Em C G D  
Equal parts of Now and Zen  
                                  Em C G D  
Of Now and Zen

**3<sup>rd</sup> Verse:**

Don't let time make  
A prisoner of you  
When you're lost in thought  
It's an easy thing to do  
Focus here and now  
At first that might seem small  
But when the light explodes  
Suddenly it's all...baby, all there is

**Refrain:**

And this is you  
Has always been  
It's always now  
(Always now) And now again  
And now again...